



Virginia Cooperative Extension

Virginia Tech • Virginia State University



VIRGINIA BEACH 4-H CLOVER CLIPS

NOVEMBER-DECEMBER 2019 ISSUE

4-H CAMP ANNOUNCEMENT

The Virginia Beach 4-H Junior Camp for youth 9-13 years old will be held August 3-7, 2020 at the Airfield 4-H Center in Wakefield, VA. This fun-filled week will be packed with exciting classes and activities as well as a nightly closing campfire. Usually we have a long waiting list right before camp, so make sure you register early. The cost for camp this year will be **approximately** \$350 and includes transportation to and from camp, a camp t-shirt, meals, lodging, special activities and programs. Camper registrations will open on **December 13** just in time for that special holiday gift to your favorite camper. The 4-H Office will post the registration information on the website and e-mail to 2019 Campers.

The application for 4-H Camp teen staff will be posted on the Virginia Beach website mid-November and is due January 31, 2020. Teens must be 14 as of January 1, 2020 to 19 years of age to apply for a counselor or counselor-in-training position. Teens must attend 24 hours of training, go through an interview process and attend Training Weekend May 2-3, 2020 at Airfield in order to be considered for the positions. Monthly trainings will begin in February 2020.

Reminder - The Outstanding City-wide 4-H Club Member Application was revised and is posted on the 4-H website.

Club members will be eligible for many distinguished awards, i.e., Outstanding City-Wide Award, Herbert W. Ozlin Award and the "I Dare You" Award. These applications are due **December 2st** to the 4-H Office or online.

Warm regards,

Sarah Farley
4-H Extension Agent, City of Virginia Beach
sfarley@vbgov.com | 757-385-4769
<https://virginia-beach.ext.vt.edu/programs/4-H.html>

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SPECIAL REMINDER

- Newsletter articles due December 15th
- Follow us on social media @vabeach4h

UPCOMING EVENTS IN 2019-2020

The following events are scheduled:

Youth Opportunities

- Virginia Tech Science Festival – November 16, Virginia Tech Campus
- Southeast District Horse EquiSmartz – November 16, James City Rec Center
- 4-H Day at the Capitol – February 4, 2020, Richmond, VA
- Equismartz Horse Bowl & Hippology- March 21, 2020, Lexington, VA
- State 4-H Congress – June 22-25, 2020, Virginia Tech Campus

Volunteer Opportunities

- Virginia Beach 4-H Volunteer Leaders Association Meeting – November 18, 4-H Office

Contact the 4-H Office for more information/registration forms for these events.

IMPORTANT DEADLINES

November 8 – *Deadline for Southeast District Horse EquiSmartz*

December 1 – *Livestock Show & Sale Entry Forms Due*

December 2 – *Outstanding Citywide 4-H Club Member Applications due to 4-H Office or Online*

December 15 – *Club Clover Clip articles due*

December 20 – *Deadline for VA 4-H Youth in Action Nomination – Contact 4-H Office by Dec. 1 for more info*

January 1 – *State Livestock & Horse Project Enrollment Deadline*

February 15 – *Club Clover Clip articles due*

4HONLINE ENROLLMENT



4HOnline is open for enrollment or re-enrollment for the 2019-2020 4-H Year. All families (4-H'ers and adult volunteers) must re-enroll every year. Go to <https://ext.vt.edu/4h-youth/online.html> for more information or enroll directly on va.4honline.com. If you have any questions, don't hesitate to contact the Virginia Beach 4-H Office.

VIRGINIA BEACH 4-H COUNTRY CURED HAM PROJECT



It's that time again to start one of the most popular 4-H projects in Virginia Beach! We'll begin taking registrations for the 2020 4-H country cured ham project in November. Last year 204 hams were cured. Again in the upcoming season, youth participants will be given priority registration consideration. Any hams left will be open to adult participants with a limit of 2 hams per person. The project tentatively begins on January 18, 2020 with several other follow-up dates scheduled from January through May to complete the project. There will not be a plant tour at Smithfield.

The registration form will be on our website in November and emailed to 2019 participants. If you have any questions, please call the 4-H Office at 385-4769, or email vbhamproject@gmail.com.

VA BEACH 4-H'ER NAMED VIRGINIA HORSE AMBASSADOR

Congratulations Stephanie DiGioia for being selected as a State 4-H Horse Ambassador! Stephanie is a member of the Wave Riders 4-H Club. We're so proud of her accomplishments and wish her a great year in her role representing the Southeast District and Virginia Beach 4-H.

Recently, Stephanie was awarded a Virginia Beach 4-H Foundation Scholarship to attend state training and Teen Summit. Stephanie said,

“At 4-H Symposium I was able to get to know the other Horse Ambassadors from around the state, and learn how important it is to work as a team. We also had many memorable guest speakers who shared experiences from their lives and how it turned them into the person they are today which was very inspiring. Symposium also taught me how important it is to be a leader but also a supporter. I plan to share my 4-H goal with the local 4-H program and share about how important and amazing it is to be involved in 4-H and within the community.”



VIRGINIA 4-H YOUTH IN ACTION AWARDS

The State 4-H Office is offering an exciting award opportunity for 4-H'ers across Virginia. You all have likely seen the information over the last couple of months about the National Youth in Action Awards sponsored by National 4-H Council. To provide a similar system for our state, and to encourage high quality applications for the national awards, the State 4-H Office has established the Virginia Youth in Action Awards Program.

Extension Agents in each county/city are asked to nominate 4-H members in the pillar areas of Agriculture, Civic Engagement, Healthy Living, and STEM. One pillar winner will be chosen from each area, as well as an overall state winner from the four pillar winners. Any 4-H member in Virginia ages 15-18 is eligible to be nominated.

Each of the four winners will receive:

- A \$500 mini-grant to develop a significant community project.
- Recognition at a formal award ceremony in Richmond on Wednesday, February 5, 2020.
- A full scholarship to attend Virginia State 4-H Congress, June 21-25, 2020, in Blacksburg, VA.
- An opportunity to be featured as the Virginia 4-H Youth Spokesperson for their pillar area.
- Support and mentorship to apply for the 2021 National 4-H Youth Leadership Awards.
- An official reference letter from the Virginia State 4-H Program Leader, Jeremy C. Johnson

If you feel you are eligible to receive this award, please contact Virginia Beach 4-H Agent, Sarah Farley (sfarley@vbgov.com) to begin the process for the nomination. A short video recorded by the nominee is required. There is no limit to the amount of nominations that can be submitted in Virginia Beach, however a 4-H member can only be nominated for one pillar area.

4-H HAND + SEED: GROWING URBAN ENTREPRENEURS PROGRAM

Virginia Beach and Norfolk 4-H Agents, Sarah Farley and Theran Teach have been working to jumpstart a new 4-H program in Coastal Virginia called the *4-H Hand + Seed: Growing Urban Entrepreneurs Program*. Grounded in the quintessential human desire to shape the conditions under which we live and work, the program aims to provide a viable alternative for social mobility by placing youth-led cooperatives at the forefront of entrepreneurial education.

True to 4-H's historic model of "learning by doing," the pilot program is designed as a hands-on experiential simulation. Youth will collectively produce herbs and flowers while democratically designing value-added product(s) for a corporate CSA (Community Supported Agriculture) subscription. Examples may include cut flowers and herb-infused baked goods. Through this process, youth will nurture entrepreneurial mindsets while exercising the values of cooperative philosophy.

The program has received two state awards – a Virginia 4-H Foundation Innovative Programming Award and Virginia Association of Extension 4-H Agents Mini-Grant. These awards help with supplies and program startup costs. However, additional community support and in-kind donations are needed. **Registration for the *4-H Hand + Seed: Growing Urban Entrepreneurs Program* will open in December. Interested youth, ages 12-19 are encouraged to contact the 4-H Office to be added to our list.**

4-H CRAFT CLUB

The Craft Club started the 2019-2020 4-H year with an emphasis on the 4-H Pledge. We welcomed several new members to our first meeting. Elections were conducted and the following officers were elected: Lily-President, Reagan-Vice President, Faye-Secretary and Emmett-Treasurer. Club members assembled a picture frame with the 4-H Pledge and a 4-H Friendship bracelet.

Our November meeting will be our first Community Service Project working with the Hero Kids Foundation this holiday season. Club members will be creating hand-crafted Christmas cards to send to our military members stationed around the world. In December club members will be creating Christmas ornaments and bringing in canned food items to be donated to a local food pantry.

Wishing our Virginia Beach 4-H families a blessed holiday season.



SEAHORSE RIDERS 4-H CLUB

Happy Fall Everyone!

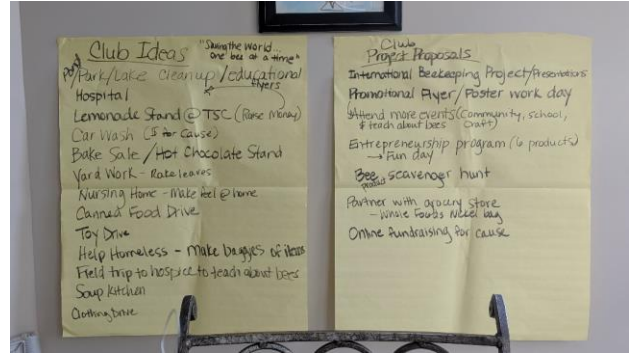
The 4-H Seahorse Riders kicked off the season with a bang! We started our October meeting playing a cool icebreaker game together. Welcomed return members and new members as well. We had fun putting our creative minds together to plan out our 4-H season. We planned lots of wonderful events for the next several months to include clinics, educational barn visits, philanthropy work, and more. We're excited and looking forward to another amazing year!

By: Bailey & Kennedy



FORAGERS BEEKEEPING 4-H CLUB

The Foragers have had a busy couple of months. We did our annual program planning meeting in September and came up with lots of ideas to do for the next 4-H year. One of our big projects we have planned for next year is an International Beekeeping program where our members will learn about different ways beekeeping is done in other countries.



We also had officer elections for the new 4-H year. Congrats to Paul (President), Alexia (Vice President), Ashten (Treasurer), Gabby (Secretary), Lynn (Reporter), Sarah (Historian), and Ellie (Pledge & Motto Leader) on winning their elections and good luck to them in their new offices.

Congratulations to our Forager member and club Secretary, Gabby, for being featured in a YouTube series called I Became/I Tried by Will Jay Moore. He contacted our club and wanted to learn about honey bees. Gabby, who has been featured in the HBO documentary [Saving My Tomorrow](#), agreed to educate him by showing him the inside of a bee hive.



Two of our members, Sarah and Paul, as well as their little brother (who is like an honorary Forager) attended the Virginia Tech Bugfest last week. It was a huge event with so many exhibits that they couldn't see everything there. There was a bug eating contest (but you had to be 18 to participate in it) and Bug Bingo and many different types of insects on display. Both Sarah and William entered the photography contest and both placed in the competition. Congratulations to Sarah for winning first place in her division for her Imperial Moth photo and to William for winning second place in his division for his Orb Spider photo.



GUARDIANS OF THE PLANET 4-H CLUB

During the August meeting, we had a guest, Sherry Connell, come and teach us on how to mat our photographs properly. So these photographs were going to be entered into the State Fair.

Two of the 4-H members did a merchandising project with club leader, Mr. Anderson at the McDonald's Garden Center. During this project, the members used the principles of landscape design to make a plant display. The project done at the end of the summer was with club member Nina. Her display was about ZZ plants.



In the September meeting, we did officer inductions. Congratulations to Colton - President, Lily - Vice President and Historian, Jim - Secretary, Alex - Treasurer and Recreation Leader, Nina-Reporter and Historian, and Justin - Pledge Leader.



4-H LIVESTOCK CLUB

Hello everyone,

I would like to take a moment to mention that the 4-Hers in our club that participated in the Virginia State Fair had a successful show. The kids who participated represented the Virginia Beach Livestock Club honorably and proudly winning several big awards. All their hard work through the summer paid off!! Way to go VB Livestock Club!

As we move further into October, the Fall Festival is 10/19 from 10-4 @ the Virginia Beach Farmers Market. If y'all could come out and volunteer your time to help with our 4-h booth that would be greatly appreciated. Our next meeting is Mon. 10/28 @ 7:00. I hope everyone has a safe and fun Halloween. See y'all at the next meeting!

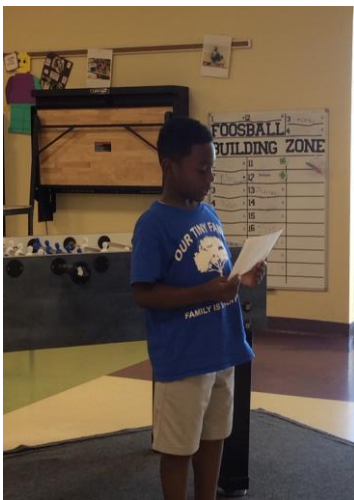
- Holland S.



JEB LITTLE CREEK URBAN KNIGHTS & UNDERWATER CLOVERBUDS 4-H CLUB

During September, the Urban Knights and Underwater Cloverbuds held interest meetings to recruit new club members. We did fun art projects, including shrink art to decorate the 4-H board, duck tape pouches and paracord bracelets.

For the first business meeting we chose nominees for officer positions. The nominees began their campaigns by creating their own election posters. On Election day, the nominees gave their speeches followed by club members voting. Kayla Evans is our new President. Isabella Isaak is our new Vice President. Averi Evans is the Secretary. Allison Estrella is Reporter and Arianna Cook is now Historian. Our Recreation Leader is Kokora Karll. We also have two Cloverbud Officers. Kennedy Evans is Pledge Leader and Amiyah Larkins is Page. The officers are all looking forward to officer training.



We had fun celebrating National 4-H week. Every day we wore Green and White. We also had trivia questions each day for prizes. There was a 4-H display table in the lobby. We also did a green and white jelly bean guessing jar. There were 423 jelly beans!

Also during National 4-H week, we participated in Crunch Heard Around the Commonwealth to celebrate the importance of farms and farmers in our state. Everyone at our center took a bite out of an apple, but the Urban Knights also participated in an activity about apple genetics. We used 3 types of apples, Braeburn, Royal Gala, and Jazz. We observed the physical features, then cut them, counted the seeds, smelled them and finally tasted them. We learned about dominant and recessive traits and how to use Punnett Squares to figure out the percentage of when the traits show up. It was cool to see how traits from the parent types show up in the hybrid types.





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